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Lisa Grossman, Ph.D., ATC, BCB is an expert in peak performance training and mental wellness with over 15 years of experience working with military and law enforcement agencies, healthcare providers, veterans, and corporations. In addition to her work with HRS, Lisa is an adjunct faculty member at the St. Johns River State College's Criminal Justice Academy and teaches for the Florida Department of Law Enforcement. She has served as the Peak Performance Center Director at WWP's TRACK Program and has been a part of the US Army's Center for Enhanced Performance Program, is a Board-Certified Athletic Trainer, and is Board Certified in Biofeedback. She has completed a number of advanced training programs including Critical Incident Stress Management through the ICISF, Mental Health First-Aid, ASIST (Applied Suicide Intervention Skills Training), and is a Certified CIT Coordinator through CIT International.

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