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**Lisa Grossman, Ph.D.**  
*Director of Performance  
Programs*



**Lisa Grossman, Ph.D., ATC, BCB** Dr. Grossman is an expert in peak performance training, resiliency, and mental wellness with over 20 years of experience working with military and law enforcement agencies, health care providers and patients, veterans, athletes, and private industry. In addition to her work with HRS, Lisa is an adjunct faculty member at the St. Johns River State College's Criminal Justice Academy and instructor for the Florida Department of Law Enforcement's Leadership Academies. She has served as the Peak Performance Center Director at WWP's TRACK Program and has been a part of the US Army's Center for Enhanced Performance Program as an instructor and curriculum designer. Dr. Grossman is a Board-Certified Athletic Trainer, is Board Certified in Biofeedback, and has completed a number of advanced training programs including Critical Incident Stress Management through the ICISF, Mental Health First-Aid, ASIST (Applied Suicide Intervention Skills Training), and is a Certified CIT Coordinator through CIT International. Dr. Grossman received her doctoral degree from Florida State University in Educational Psychology.

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